

Eco-Challenge

Workshop reflection

A journey from challenging to changing places



Highlights:

- ✚ The workshop generated a lot of stimulating discussion around a range of topics related to elements of the programme (such as the LfS opportunities offered by residential experiences), the hand model (especially around frames, values and the breadth of 'scientific concepts') and broader themes (such as the use of technology outdoors and the role of facilitator and teacher as role model for sustainable living).
- ✚ There was a lot of smiling, laughter, and enthusiasm from all involved.
- ✚ Resources used in the workshop, and from the wider project, were keenly received by participants to use in their practice.



Working with the hand model:

- ✚ Using the hand to set the scene (Why was EC chosen as a case study?) and as a reviewing tool at the end brought it through the workshop as an underlying frame.



✚ Working with the frame of the project at the outset of the workshop, through unpacking the terms 'Journey' 'Challenging' 'Changing' and 'Place', offered a chance to explore this element of the model in practice. This provided a hook to return to throughout the workshop...giving a narrative.

✚ Having a poster on the wall allowed returning reference to areas of the model during discussions, highlighting the benefits of having an easily accessible poster on display in the workplace.

How was it for the facilitators?

- ✚ Preparing and delivering this workshop provided a valuable opportunity for reflection on this project. The three members of current and former FSC staff (Anni Duckworth, Martin Summerfield and Tom Deacon) found it a very positive and constructive process.
- ✚ It was agreed that having the hand model at the time of Eco-Challenge would have made the project an even richer and more meaningful process in relation to sustainability. This highlights the potential value of this model for reflecting on current practice across the FSC and for educational practice as a whole.
- ✚ It was very enjoyable to engage with such a broad range of participants, and to have other workshop leaders and project partners attend the workshop, continuing the strong connections and sense of a sharing community.
- ✚ Fitting a multi-day programme into a two hour workshop proved challenging, leading to some small frustrations for the leaders.
- ✚ Running two back-to-back sessions allowed for direct feedback into the following session, making amendments to content and timings.

